

# ALLERGENS

SUMMER 2025

ALLERGEN GUIDE BY MENU ITEMS

## ATIS ALLERGEN GUIDE BY MENU ITEM – SUMMER 2025 V2

	SALAD BOWLS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
	<i>El Chipotle</i>	<u>Mustard</u> , Soybean, Alliums	Gluten Ingredient Free - Vegetarian/DF									X				X	
	<i>Tahini Chopped</i>	Sesame, Soybean, Sulphites	Gluten Ingredient Free - Vegan/DF												X	X	X
	<i>Double Crunch Thai</i>	Nuts, Sesame, Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegan/DF										X		X	X	X
	<i>Seiz'a Caesar</i>	Gluten (Wheat), Eggs, Fish, Milk, Alliums			X		X	X		X							
	<i>Azteca</i>	Milk, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian							X							X
	<i>Green Goddess</i>	Nuts, Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegan/DF										X			X	X
<p><i>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS. DF = DAIRY FREE</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																	

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POWER PLATES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
<i>The Steak Out</i>	Gluten (Wheat), Fish, Milk, Mustard, Sulphites, Alliums			X			X		X		X					X
<i>Wahaca Mexicana</i>	Milk, Mustard, Soybean, Sulphites, Alliums	Gluten Ingredient Free							X		X				X	X
<i>Gochu-Tempted</i>	Gluten (Wheat), Mustard, Sesame, Soybean, Sulphites, Alliums	Vegan/DF		X							X			X	X	X
<i>Chicken Pesto Parm</i>	Gluten (Wheat), Eggs, Fish, Milk, Mustard, Sulphites, Alliums			X		X	X		X		X					X
<i>Satay Snap</i>	Gluten (Wheat), Mustard, Nuts, Sesame, Soybean, Sulphites, Alliums	Vegan/DF		X							X	X		X	X	X
<i>Miso Salmon Slaw</i>	Gluten (Wheat), Fish, Mustard, Sesame, Soybean, Alliums	Dairy Free		X			X				X			X	X	
<i>The Big Greek</i>	Gluten (Wheat), Eggs, Milk, Sesame, Sulphites, Alliums			X		X			X					X		X
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BUILD YOUR OWN - BASES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Baby Spinach		Gluten Ingredient Free - Vegan/DF														
Chopped Romaine		Gluten Ingredient Free - Vegan/DF														
Kale + Cabbage Mix		Gluten Ingredient Free - Vegan/DF														
Rocket		Gluten Ingredient Free - Vegan/DF														
Wholegrain Rice		Gluten Ingredient Free - Vegan/DF														
atis Grains	Gluten (Wheat), Sesame Seeds, Alliums	Vegan/DF		X										X		
Pesto Quinoa	Milk, Mustard	Gluten Ingredient Free - Vegetarian							X		X					
Summer Potato Hash		Gluten Ingredient Free - Vegan/DF														
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<i>Black Bean Mix</i>		Gluten Ingredient Free - Vegan/DF														
Charred Corn		Gluten Ingredient Free - Vegan/DF														
<i>IOW Tomatoes</i>		Gluten Ingredient Free - Vegan/DF														
Cucumber		Gluten Ingredient Free - Vegan/DF														
Edamame + Peas	Soybean	Gluten Ingredient Free - Vegan/DF													X	
<i>Bold Bean Tahini Chickpeas*</i>	Sesame Seeds, Soybeans	Gluten Ingredient Free - Vegan/DF												X	X	
Pickled Onions	Sulphites, Alliums	Gluten Ingredient Free - Vegan/DF														X
Broccoli		Gluten Ingredient Free - Vegan/DF														
Pink Slaw		Gluten Ingredient Free - Vegan/DF														
Spring Onion + Coriander	Alliums	Gluten Ingredient Free - Vegan/DF														
Shredded Carrot		Gluten Ingredient Free - Vegan/DF														
Mint Leaves		Gluten Ingredient Free - Vegan/DF														
<i>Pickled Red Chilli</i>	Sulphites	Gluten Ingredient Free - Vegan/DF														X
Roast Courgette		Gluten Ingredient Free - Vegan/DF														
Pickleback Potatoes	Eggs, Mustard, Sulphites	Gluten Ingredient Free - Vegetarian/DF				X					X					X
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BUILD YOUR OWN - DRESSINGS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Balsamic Vinaigrette	<u>Mustard</u> , Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X					X
Balsamic Vinegar	Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Classic Caesar Dressing	Eggs, Fish, Milk, Mustard, Alliums	<input type="checkbox"/>	Gluten Ingredient Free				X	X		X		X					
Lime Coriander Dressing	Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Apple Cider Vinaigrette	<u>Mustard</u>	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X					
Lime Wedge		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Green Goddess Dressing	Sulphites, <u>Mustard</u> , Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X					X
Olive Oil		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Cashew Satay Dressing	Nuts, Sesame Seeds, Soybean, Sulphites, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegan/DF										X		X	X	X
Tahini Dressing	Sesame Seeds, Soybean	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF												X	X	
Creamy Jalapeño Dressing	<u>Mustard</u> , Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X					
Miso Ponzu Dressing	Gluten (Wheat), Sesame Seeds, Soybean, Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF		X										X	X	X
Chipotle Lime Dressing	<u>Mustard</u> , Soybean	<input type="checkbox"/>	Gluten Ingredient Free - Vegetarian/DF									X				X	
Pesto Vinaigrette	Milk, <u>Mustard</u>	<input type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X			X				
<p><small>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS. DF = DAIRY FREE</small></p> <p><small>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</small></p> <p><small>HALAL NOTICE: HALAL MEAT IN OUT STORES IS APPROVED BY ISLAMIC BODIES IN THE COUNTRY OF ORIGIN AND FOLLOWS ISLAMIC PRINCIPLES. THE DRESSINGS AND MARINADES MARKED ARE MADE WITH HALAL INGREDIENTS AND PRACTICES, BUT DUE TO THE COMPLEXITY OF INGREDIENTS, THEY ARE NOT CERTIFIED BY A HALAL CERTIFICATION BODY.</small></p>																	

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SAUCES	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Sauce Shop Buffalo Hot Sauce	Soybean, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegan/DF													X	
Herb Yoghurt	Milk	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X							
Chimichurri	Sulphites, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Chilli Pickle Mayo	Eggs, Mustard, Sulphites	<input type="checkbox"/>	Gluten Ingredient Free Vegetarian/DF				X					X					X
BUILD YOUR OWN - CRUNCHES	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Crispy Shallots	Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Smoky Almonds	Nuts, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF										X				
Omega Seeds	Sesame Seeds, Soybean	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF												X	X	
Blanco Nino Chipotle Tortilla		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Pollane Breadcrumbs	Gluten (Wheat)	<input checked="" type="checkbox"/>	Vegan/DF - Halal		X												
Za'atar Pitta Chips	Gluten (Wheat), Sesame	<input checked="" type="checkbox"/>	Vegan/DF - Halal		X										X		
Chilli Lime Cashews	Nuts, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF										X				
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BUILD YOUR OWN - PREMIUMS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Avocado Half		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Crumbled Feta	Milk	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X							
Parmesan	Eggs, Milk	<input type="checkbox"/>	Gluten Ingredient Free				X			X							
Avo Smash		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Soft Boiled Egg	Eggs	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian - Dairy Free				X										
BUILD YOUR OWN - MIXED SALADS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Broccoli Caesar	Gluten (Wheat), Eggs, Fish, Milk, Alliums	<input type="checkbox"/>			X		X	X		X							
Tomm's Mexican Chopped	Milk, Mustard, Soybean, Sulphites, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X		X				X	X
Creamy Miso Slaw	Gluten (Wheat), Mustard, Sesame, Soybean, Alliums	<input type="checkbox"/>	Vegan/DF		X							X			X	X	
BUILD YOUR OWN - MAINS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Blackened Chicken	Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Dairy Free														X
Smoky Mojo Chicken	Soybean, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Dairy Free													X	
Garlic Butter Steak	Gluten (Wheat), Fish, Milk, Mustard, Sulphites, Alliums	<input type="checkbox"/>			X			X		X		X					X
Turkey Kofte	Gluten (Wheat), Eggs, Milk, Alliums	<input type="checkbox"/>			X		X			X							
Sticky Spicy Tempeh	Gluten (Wheat), Soybean, Sulphites, Alliums	<input type="checkbox"/>	Vegan/DF		X											X	X
Maple Ginger Tofu	Soybean, Sulphites, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegan/DF													X	X
Miso Orange Salmon	Fish, Sesame, Soybean	<input type="checkbox"/>	Gluten Ingredient Free - Dairy Free					X							X	X	
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SIDE POTS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Chicken Pot (Blackened Chicken Only)	Sulphites	Dairy Free - Gluten Ingredient Free														X
Chicken Pot (Smoky Mojo Chicken Only)	Soybean, Alliums	Gluten Ingredient Free - Dairy Free													X	
Buffalo Chicken Pot	Eggs, Fish, Milk, <u>Mustard</u> , Sulphites, Alliums	Gluten Ingredient Free				X	X		X		X					X
Pickle Potato Salad	Eggs, <u>Mustard</u> , Sulphites, Alliums	Gluten Ingredient Free - Vegetarian/DF				X					X					X
Smoky Elote	Milk, <u>Mustard</u> , Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian							X		X				X	X
SWEET TREATS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
ASCC Chocolate Chip Cookie	Soybean	Gluten Ingredient Free - Vegan/DF													X	
ASCC Double Chocolate Cookie	Soybean	Gluten Ingredient Free - Vegan/DF													X	
ASCC Oat & Raisin Cookie	Nuts	Gluten Ingredient Free - Vegan/DF										X				
ASCC Chocolate Brownie	Eggs, Milk, Soybean	Gluten Ingredient Free - Vegetarian				X			X						X	
atis Hazelnut Chocolate Dessert Pot	Nuts, Peanuts, Sesame	Gluten Ingredient Free - Vegan/DF										X	X	X		
atis Banana Bread	Gluten (Wheat), Eggs, Milk, Nuts	Vegetarian		X		X			X			X				
atis Carrot Cake	Gluten (Wheat), Eggs, Milk, Nuts	Vegetarian		X		X			X			X				
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CATERING 2025

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PREMIUMS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Buffalo Blackened Chicken	Eggs, Fish, Milk, Sulphites, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free				X	X		X							X
Smoky Mojo Chicken*	Soybean, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Dairy-Free													X	
Sticky Seoul Tempeh*	Gluten (Wheat), Soybean, Sulphites, Alliums	<input type="checkbox"/>	Vegan/DF		X											X	X
Maple Ginger Tofu	Sesame, Soybean, Sulphites, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegan/DF												X	X	X
Turkey Kofte*	Gluten (Wheat), Eggs, Milk Alliums	<input type="checkbox"/>			X		X			X							
Miso Orange Salmon*	Fish, Sesame, Soybean	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Dairy-Free					X							X	X	
Garlic Butter Steak*	Gluten (Wheat), Fish, Milk, Mustard, Sulphites, Alliums	<input type="checkbox"/>			X			X		X		X					X
SAUCES	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Buffalo Hot Sauce	Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Herb Yoghurt	Milk	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X							
Chimichurri	Sulphites, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Chilli Pickle Mayo*	Eggs, Mustard, Sulphites	<input type="checkbox"/>	Gluten Ingredient Free - Vegetarian/DF				X					X					X
<p>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS. DF = DAIRY FREE</p> <p>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</p> <p>HALAL NOTICE: HALAL MEAT IN OUR STORES IS APPROVED BY ISLAMIC BODIES IN THE COUNTRY OF ORIGIN AND FOLLOWS ISLAMIC PRINCIPLES. THE DRESSINGS AND MARINADES MARKED ARE MADE WITH HALAL INGREDIENTS AND PRACTICES, BUT DUE TO THE COMPLEXITY OF INGREDIENTS, THEY ARE NOT CERTIFIED BY A HALAL CERTIFICATION BODY</p>																	

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BASES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Wholegrain Rice		Gluten Ingredient Free - Vegan/DF														
Tricolor Quinoa		Gluten Ingredient Free - Vegan/DF														
Pesto Quinoa*	Milk, Mustard	Gluten Ingredient Free - Vegetarian							X		X					
Summer Potato Hash*		Gluten Ingredient Free - Vegan/DF														
DELI SALADS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Miso Mayo Slaw*	Gluten (Wheat), Mustard, Sesame, Soybean	Vegan/DF		X							X			X	X	
Tommi's Mexican Chopped*	Milk, Mustard, Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian							X		X				X	X
Broccoli Caesar*	Gluten (Wheat), Eggs, Fish, Milk, Alliums			X		X	X		X							
HOUSE SALADS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Caesar Salad	Gluten (Wheat), Eggs, Fish, Milk, Alliums			X		X	X		X							
Azteca Salad	Milk, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian							X							X
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SUMMER SALADS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
<i>Summer Tahini Greens*</i>	<u>Mustard</u> , Sesame, Soybean	Gluten Ingredient Free - Vegan/DF									X			X	X	
<i>Pickleback Potatoes*</i>	Eggs, <u>Mustard</u> , Sulphites, Alliums	Gluten Ingredient Free - Vegetarian/DF				X					X					X
SWEET TREATS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST- ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
ASCC Chocolate Chip Cookie	Soybean	Gluten Ingredient Free - Vegan/DF													X	
ASCC Double Chocolate Cookie	Soybean	Gluten Ingredient Free - Vegan/DF													X	
ASCC Oat & Raisin Cookie	Nuts	Gluten Ingredient Free - Vegan/DF										X				
atis Banana Bread	Gluten (Wheat), Eggs, Milk, Nuts	Vegetarian		X		X			X			X				
atis Carrot Cake	Gluten (Wheat), Eggs, Milk, Nuts	Vegetarian		X		X			X			X				
<p><i>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. "DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS. DF = DAIRY FREE</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

# POWERING URBAN COMMUNITIES WITH REAL FOOD