

ALLERGENS

MINDFUL CHEF X SPRING 2025

ALLERGEN GUIDE BY MENU ITEMS

ATIS ALLERGEN GUIDE BY MENU ITEM – MCxSPRING 2025

atis x MINDFUL CHEF COLLAB	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
<i>Sticky Miso Salmon</i>	Fish, Sesame, Soybean	Gluten Ingredient Free - DF					X					X		X	X	
<i>Smoky Feta Chili</i>	Milk, Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian							X						X	X
COVENT GARDEN SPECIAL	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
<i>Covent Garden Goddess</i>	Milk, <i>Mustard</i> , Sesame, Soybean	Gluten Ingredient Free - Vegetarian							X		X			X	X	
SPRING BOWLS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
<i>Bring The Heat Buffalo Caesar</i>	Eggs, Fish, Milk, Sulphites, Alliums	Gluten Ingredient Free				X	X		X							X
<i>Jalapeño Taco</i>	<i>Mustard</i> , Alliums	Gluten Ingredient Free - Vegan/DF									X					
<i>Double Crunch Thai</i>	Nuts, Sesame, Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegan/DF										X		X	X	X
<p><i>ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. "DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS. DF = DAIRY FREE</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

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PLATE & BOWL INFORMATION INCLUDES DRESSINGS & SAUCES AS STANDARD	HOUSE SALADS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES	
	<i>Seiz'a Caesar</i>	Gluten (Wheat), Eggs, Fish, Milk, Alliums			X		X	X			X							
	Azteca	Milk, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian							X								X
	Green Goddess	Nuts, Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegan/DF										X			X		X
	HOUSE POWER PLATES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES	
	<i>Raise the Steaks</i>	Gluten (Barley), Fish, Mustard, Sulphites, Alliums	Dairy-Free		X			X				X						X
	Green Energy	Gluten (Wheat), Nuts, Sesame, Soybean	Vegan/DF		X								X		X	X		
	<i>Ponzu Power</i>	Gluten (Wheat), Sesame, Soybean, Sulphites, Alliums	Vegan/DF		X										X	X		X
	<i>Spring Chimi Chicken</i>	Milk, Sulphites, Alliums	Gluten Ingredient Free								X							X
	<i>Blackened Chicken Satay</i>	Nuts, Sesame, Soybean, Sulphites, Alliums	Gluten Ingredient Free - DF											X		X	X	X

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BUILD YOUR OWN - BASES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Baby Spinach		Gluten Ingredient Free - Vegan/DF														
Chopped Romaine		Gluten Ingredient Free - Vegan/DF														
Kale + Cabbage Mix		Gluten Ingredient Free - Vegan/DF														
Wholegrain Rice		Gluten Ingredient Free - Vegan/DF														
atis Spiced Grains	Gluten (Wheat), Sesame Seeds, Alliums	Vegan/DF		X										X		
Tricolour Quinoa		Gluten Ingredient Free - Vegan/DF														
Spring Green Potato Hash	Alliums	Gluten Ingredient Free - Vegan/DF														
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Black Eyed Beans		Gluten Ingredient Free - Vegan/DF														
Charred Corn		Gluten Ingredient Free - Vegan/DF														
Cherry Tomatoes		Gluten Ingredient Free - Vegan/DF														
Cucumber		Gluten Ingredient Free - Vegan/DF														
Edamame + Peas	Soybean	Gluten Ingredient Free - Vegan/DF													X	
<i>Bold Bean Tahini Chickpeas*</i>	Sesame Seeds, Soybeans	Gluten Ingredient Free - Vegan/DF												X	X	
Pickled Red Onion	Sulphites, Alliums	Gluten Ingredient Free - Vegan/DF														X
Broccoli		Gluten Ingredient Free - Vegan/DF														
Zero-Waste Greens	Alliums	Gluten Ingredient Free - Vegan/DF														
Pink Slaw		Gluten Ingredient Free - Vegan/DF														
Spring Onion + Coriander	Alliums	Gluten Ingredient Free - Vegan/DF														
Shredded Carrot		Gluten Ingredient Free - Vegan/DF														
<i>Bangin' Cauliflower*</i>	Sesame, Alliums	Gluten Ingredient Free - Vegan/DF												X		
Mint Leaves		Gluten Ingredient Free - Vegan/DF														
<i>Pickled Red Chill</i>	Sulphites	Gluten Ingredient Free - Vegan/DF														X

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Balsamic Vinaigrette	Mustard, Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X					X
Balsamic Vinegar	Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Classic Caesar Dressing	Eggs, Fish, Milk, Mustard, Alliums	<input type="checkbox"/>	Gluten Ingredient Free				X	X		X		X					
Lime Coriander Dressing	Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Apple Cider Vinaigrette	Mustard	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X					
Lime Wedge		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Green Goddess Dressing	Sulphites, Mustard, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X					X
Olive Oil		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Cashew Satay Dressing	Nuts, Sesame Seeds, Soybean, Sulphites, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegan/DF										X		X	X	X
Tahini Dressing	Sesame Seeds, Soybean	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF												X	X	
Creamy Jalapeño Dressing	Mustard, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X					
Miso Ponzu Dressing	Gluten (Wheat), Sesame Seeds, Soybean, Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF		X										X	X	X
Buffalo Caesar Dressing	Eggs, Fish, Milk, Alliums	<input type="checkbox"/>	Gluten Ingredient Free				X	X		X							

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HALAL NOTICE: HALAL MEAT IN OUT STORES IS APPROVED BY ISLAMIC BODIES IN THE COUNTRY OF ORIGIN AND FOLLOWS ISLAMIC PRINCIPLES. THE DRESSINGS AND MARINADES MARKED ARE MADE WITH HALAL INGREDIENTS AND PRACTICES, BUT DUE TO THE COMPLEXITY OF INGREDIENTS, THEY ARE NOT CERTIFIED BY A HALAL CERTIFICATION BODY.

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SAUCES	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
<i>Green Sriracha</i>	Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Buffalo Hot Sauce	Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
<i>Herb Yoghurt</i>	Milk	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X							
Chimichurri	Sulphites, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Chipotle Lime Mayo	Eggs, Mustard, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian - Dairy Free				X					X					
<i>Fresh Chilli Sauce</i>	Soybean, Sulphites; Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF													X	X
BUILD YOUR OWN - CRUNCHES	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Crispy Shallots	Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Smoky Almonds	Nuts, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF										X				
Tamari Seeds	Sesame Seeds, Soybean	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF												X	X	
Blanco Nino Chipotle Tortilla		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Pollane Breadcrumbs	Gluten (Wheat)	<input checked="" type="checkbox"/>	Vegan/DF - Halal		X												
Za'atar Pita Chips	Gluten (Wheat), Sesame	<input checked="" type="checkbox"/>	Vegan/DF - Halal		X										X		
Seedy Chilli Crisp	Sesame, Soybean, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF												X	X	
Chilli Lime Cashews	Nuts, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF										X				
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BUILD YOUR OWN - PREMIUMS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Avocado Half		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Crumbled Feta	Milk	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X							
Parmesan	Eggs, Milk	<input type="checkbox"/>	Gluten Ingredient Free				X			X							
Avo Smash		<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Soft Boiled Egg	Eggs	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian - Dairy Free				X										
BUILD YOUR OWN - DELI SALADS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Chilli + Feta Broccoli	Milk, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X							
Rainbow Ponzu Slaw*	Gluten (Wheat), Sesame, Soybean, Alliums	<input type="checkbox"/>	Vegan/DF		X										X	X	
Cashew Kale Greens	Soybean, Nuts, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF										X			X	
BUILD YOUR OWN - MAINS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Blackened Chicken	Sulphites	<input checked="" type="checkbox"/>	Dairy Free - Gluten Ingredient Free														X
Chimichurri Chicken	Sulphites, Alliums	<input checked="" type="checkbox"/>	Dairy Free - Gluten Ingredient Free														X
Roasted Sweet Potato	Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Miso Mushrooms	Mustard, Soybean, Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X				X	X
Miso Orange Salmon	Fish, Sesame, Soybean	<input checked="" type="checkbox"/>	Dairy Free - Gluten Ingredient Free					X							X	X	
Maple Ginger Tofu	Soybean, Sulphites, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegan/DF													X	X
Charred Bavette Steak	Gluten (Wheat), Fish, Mustard, Sulphites	<input checked="" type="checkbox"/>	Dairy Free		X			X				X					X

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SIDE POTS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Chicken Pot (Blackened Chicken Only)	Sulphites	Dairy Free - Gluten Ingredient Free														X
Chicken Pot (Chimichurri Chicken Only)	Sulphites, Alliums	Dairy Free - Gluten Ingredient Free														X
Buffalo Chicken Pot	Eggs, Fish, Milk, Mustard, Sulphites, Alliums	Gluten Ingredient Free				X	X		X		X					X
Chipotle Sweet Potato	Eggs, Mustard, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian - Dairy-Free				X					X					X
Bangin' Caul Crisp*	Sesame, Soybean, Alliums	Gluten Ingredient Free - Vegan/DF												X	X	
SWEET TREATS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
ASCC Chocolate Chip Cookie	Soybean	Gluten Ingredient Free - Vegan/DF													X	
ASCC Double Chocolate Cookie	Soybean	Gluten Ingredient Free - Vegan/DF													X	
ASCC Peanut Butter Cookie	Peanuts, Soybean	Gluten Ingredient Free - Vegan/DF											X		X	
ASCC Chocolate Brownie	Eggs, Milk, Soybean	Gluten Ingredient Free - Vegetarian				X			X						X	
atis Hazelnut Chocolate Dessert Pot	Nuts, Peanuts, Sesame	Gluten Ingredient Free - Vegan/DF										X	X	X		
atis Passionfruit Cheesecake	Peanuts, Nuts, Sesame	Gluten Ingredient Free - Vegan/DF										X	X	X		
atis Banana Bread	Gluten (Wheat), Eggs, Milk, Nuts	Vegetarian		X		X			X			X				
atis Carrot Cake	Gluten (Wheat), Eggs, Milk, Nuts	Vegetarian		X		X			X			X				
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ATIS ALLERGEN GUIDE BY MENU ITEM – CATERING 2025

BASES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Wholegrain Rice		Gluten Ingredient Free - Vegan/DF														
Tricolor Quinoa		Gluten Ingredient Free - Vegan/DF														
<i>Spring Potato Kale Hash</i>	Alliums	Gluten Ingredient Free - Vegan/DF														
DELI SALADS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Cashew Kale Greens	Nuts, Soybean, Alliums	Gluten Ingredient Free - Vegan/DF										X			X	
Chilli Feta Broccoli	Milk, Alliums	Gluten Ingredient Free - Vegetarian							X							
Rainbow Slaw	Gluten (Wheat), Sesame, Soybean, Alliums	Vegan/DF		X										X	X	
Tahini Greens & Chickpeas	Sesame, Soybean, Alliums	Gluten Ingredient Free - Vegan/DF												X	X	
<p><i>ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS. DF = DAIRY FREE</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

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PREMIUMS	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Chipotle Sweet Potato Wedges	Eggs, Mustard, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian				X					X					
Maple Ginger Tofu	Sesame, Soybean, Sulphites, Alliums	<input type="checkbox"/>	Gluten Ingredient Free - Vegan/DF												X	X	X
Miso Mushrooms	Mustard, Soybean, Sulphites	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF									X				X	X
Buffalo Blackened Chicken	Eggs, Fish, Milk, Sulphites, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free				X	X		X							X
Chimichurri Chicken	Sulphites, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Dairy-Free														X
Bavette Steak	Gluten (Barley), Fish, Mustard, Sulphites	<input checked="" type="checkbox"/>	Dairy-Free		X			X				X					X
Miso Orange Salmon	Fish, Sesame, Soybean	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Dairy-Free					X							X	X	
SAUCES	ALLERGENS & OTHER	HALAL?	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Green Sriracha	Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Buffalo Hot Sauce	Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														
Herb Yoghurt	Milk	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian							X							
Chimichurri	Sulphites, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegan/DF														X
Chipotle Lime Mayo	Eggs, Mustard, Alliums	<input checked="" type="checkbox"/>	Gluten Ingredient Free - Vegetarian - Dairy Free				X					X					
<p><i>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS. DF = DAIRY FREE</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p> <p><i>HALAL NOTICE: HALAL MEAT IN OUR STORES IS APPROVED BY ISLAMIC BODIES IN THE COUNTRY OF ORIGIN AND FOLLOWS ISLAMIC PRINCIPLES. THE DRESSINGS AND MARINADES MARKED ARE MADE WITH HALAL INGREDIENTS AND PRACTICES, BUT DUE TO THE COMPLEXITY OF INGREDIENTS, THEY ARE NOT CERTIFIED BY A HALAL CERTIFICATION BODY</i></p>																	

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SALADS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
Caesar Salad	Gluten (Wheat), Eggs, Fish, Milk, Alliums			X		X	X		X							
Azteca Salad	Milk, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian							X							X
SWEET TREATS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEAN	SULPHITES
ASCC Chocolate Chip Cookie	Soybean	Gluten Ingredient Free - Vegan/DF													X	
ASCC Double Chocolate Cookie	Soybean	Gluten Ingredient Free - Vegan/DF													X	
ASCC Peanut Butter Cookie	Peanuts, Soybean	Gluten Ingredient Free - Vegan/DF											X		X	
atis Banana Bread	Gluten (Wheat), Eggs, Milk, Nuts	Vegetarian		X		X			X			X				
atis Carrot Cake	Gluten (Wheat), Eggs, Milk, Nuts	Vegetarian		X		X			X			X				
<p><i>ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. "DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS. DF = DAIRY FREE</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

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