

ALLERGENS

ALLERGEN GUIDE BY MENU ITEMS

CHRISTMAS 2024



atis

@ATISFOODLDN
#POWEREDBYATIS

ATIS ALLERGEN GUIDE BY MENU ITEM –CHRISTMAS 2024

ATIS CULT FAVOURITES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
<i>Seiz'a Caesar + Blackened Chicken</i>	Gluten (Wheat), Eggs, Fish, Milk, Sulphites, Alliums			X		X	X		X							X
Bring The Heat Buffalo Caesar	Eggs, Fish, Milk, Soybean, Sulphites, Alliums	Gluten Ingredient Free				X	X		X						X	X
WINTER BOWLS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
<i>The Jingle Bowl*</i>	Mustard , Nuts, Soybean, Sulphites	Gluten Ingredient Free - Vegan									X	X			X	X
<p><i>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS.</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

PLEASE SEE THE BUILD YOUR OWN SECTION FOR ALLERGENS OF INDIVIDUAL INGREDIENTS

ATIS ALLERGEN GUIDE BY MENU ITEM –CHRISTMAS 2024

PLATE & BOWL INFORMATION INCLUDES DRESSINGS & SAUCES AS STANDARD	HOUSE SALADS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES	
	Seiz'a Caesar	Gluten (Wheat), Eggs, Fish, Milk, Alliums			X		X	X			X							
	Azteca	Milk, Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegetarian							X						X	X	
	Azteca - RGS Only	Milk, Mustard, Soybean, Alliums	Gluten Ingredient Free - Vegetarian							X		X				X		
	Green Goddess**	Mustard, Nuts, Soybean, Alliums	Gluten Ingredient Free - Vegan									X	X			X		
	Jalapeño Taco**	Mustard, Alliums	Gluten Ingredient Free - Vegan									X						
	PLATES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES	
	Bavette Chimichurri Wedges	Gluten (Wheat), Mustard, Sesame Seeds, Sulphites, Alliums	Dairy Free		X							X			X			X
	You Feta Believe It Plate	Milk, Nuts, Alliums	Gluten Ingredient Free - Vegetarian							X			X					
	Black Pepper Tofu	Gluten (Wheat), Sesame Seeds, Soybean, Alliums	Dairy Free - Vegan		X										X	X		
	Thai Salmon Satay*	Gluten (Wheat), Fish, Nuts, Sesame Seeds, Soybean, Alliums	Dairy Free		X			X					X		X	X		
	The Le Bab*	Gluten (Wheat), Milk, Mustard, Sesame Seeds, Sulphites, Alliums	Vegetarian		X						X	X			X			X
	HOT BOWLS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES	
	Butterbean Braise*	Gluten (Wheat), Soybean, Milk, Sulphites; Alliums	Vegetarian		X					X						X		X

**ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS.*

A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM

PLEASE SEE THE BUILD YOUR OWN SECTION FOR ALLERGENS OF INDIVIDUAL INGREDIENTS

ATIS ALLERGEN GUIDE BY MENU ITEM –CHRISTMAS 2024

BUILD YOUR OWN - BASES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Baby Spinach		Gluten Ingredient Free - Vegan														
Chopped Romaine		Gluten Ingredient Free - Vegan														
Kale + Cabbage Mix		Gluten Ingredient Free - Vegan														
Wild Rice Mix		Gluten Ingredient Free - Vegan														
atis Spiced Grains	Gluten (Wheat), Sesame Seeds, Alliums	Vegan		X										X		
Tricolour Quinoa		Gluten Ingredient Free - Vegan														
<p><i>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS.</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

PLEASE SEE THE BUILD YOUR OWN SECTION FOR ALLERGENS OF INDIVIDUAL INGREDIENTS

ATIS ALLERGEN GUIDE BY MENU ITEM –CHRISTMAS 2024

BUILD YOUR OWN - INGREDIENTS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Black Eyed Beans		Gluten Ingredient Free - Vegan														
Charred Corn		Gluten Ingredient Free - Vegan														
Cherry Tomatoes		Gluten Ingredient Free - Vegan														
Cucumber		Gluten Ingredient Free - Vegan														
Edamame + Peas	Soybean	Gluten Ingredient Free - Vegan													X	
<i>Bold Bean Tahini Chickpeas*</i>	Sesame Seeds, Soybeans, Sulphites	Gluten Ingredient Free - Vegan												X	X	X
Pickled Red Onion	Sulphites, Alliums	Gluten Ingredient Free - Vegan														X
Broccoli		Gluten Ingredient Free - Vegan														
Zero-Waste Greens	Alliums	Gluten Ingredient Free - Vegan														
Pink Slaw		Gluten Ingredient Free - Vegan														
<i>Tumeric Cauliflower*</i>		Gluten Ingredient Free - Vegan														
<i>Brussel Sprouts + Chesnuts*</i>	Soybean	Gluten Ingredient Free - Vegan													X	
<i>Pickled Shallots - RGS Only</i>	<u>Mustard</u> , Alliums	Gluten Ingredient Free - Vegan									X					
<p><i>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS.</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

PLEASE SEE THE BUILD YOUR OWN SECTION FOR ALLERGENS OF INDIVIDUAL INGREDIENTS

ATIS ALLERGEN GUIDE BY MENU ITEM –CHRISTMAS 2024

BUILD YOUR OWN - DRESSINGS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Balsamic Vinaigrette	<u>Mustard</u> , Sulphites	Gluten Ingredient Free - Vegan									X					X
Balsamic Vinegar	Sulphites	Gluten Ingredient Free - Vegan														X
Classic Caesar Dressing	Eggs, Fish, Milk, Alliums	Gluten Ingredient Free				X	X		X							
Lime Coriander Dressing	Sulphites	Gluten Ingredient Free - Vegan														X
ACV Dressing	<u>Mustard</u> , Sulphites	Gluten Ingredient Free - Vegan									X					X
Lime Wedge		Gluten Ingredient Free - Vegan														
Green Goddess Dressing**	<u>Mustard</u> , Sulphites, Alliums	Gluten Ingredient Free - Vegan									X					X
Olive Oil		Gluten Ingredient Free - Vegan														
Cashew Satay Dressing	Nuts, Sesame Seeds, Soybean, Alliums	Gluten Ingredient Free - Vegan										X		X	X	
Tahini Dressing	Sesame Seeds, Soybean	Gluten Ingredient Free - Vegan												X	X	
Vegan Jalapeño Caesar**	<u>Mustard</u> , Sulphites	Gluten Ingredient Free - Vegan									X					X
Miso Ponzu Dressing	Gluten (Wheat), Sesame Seeds, Soybean	Dairy Free - Vegan		X										X	X	
Buffalo Caesar Dressing	Eggs, Fish, Milk, Soybean, Sulphites, Alliums	Gluten Ingredient Free				X	X		X						X	X

**ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS.*

A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM

PLEASE SEE THE BUILD YOUR OWN SECTION FOR ALLERGENS OF INDIVIDUAL INGREDIENTS

ATIS ALLERGEN GUIDE BY MENU ITEM –CHRISTMAS 2024

DIPS + HOT SAUCES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Sauce Shop - Sriracha	Alliums	Gluten Ingredient Free - Vegan														
Sauce Shop - Buffalo Hot Sauce	Soybean, Alliums	Gluten Ingredient Free - Vegan													X	
Dill Yoghurt	Milk	Gluten Ingredient Free - Vegetarian							X							
Chimichurri Dressing**	Sulphites, Alliums	Gluten Ingredient Free - Vegan														X
Chipotle Lime Mayo	Eggs, Mustard, Alliums	Gluten Ingredient Free - Vegetarian				X					X					
Le Bab Chilll Sauce*	Sulphites; May contain alliums	Gluten Ingredient Free - Vegan														X
Le Bab Herb Yoghurt*	Milk; May contain alliums	Gluten Ingredient Free - Vegetarian							X							
Vegan Smokey Bacon Mayo*	Mustard, Alliums	Gluten Ingredient Free - Vegan									X					
BUILD YOUR OWN - CRUNCHES	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Crispy Shallots	Alliums	Gluten Ingredient Free - Vegan														
Smoky Almonds	Nuts, Alliums	Gluten Ingredient Free - Vegan										X				
Tamari Seeds	Sesame Seeds, Soybean	Gluten Ingredient Free - Vegan												X	X	
Blanco Nino Tortilla Shards		Gluten Ingredient Free - Vegan														
Poiane Breadcrumbs	Gluten (Wheat)	Vegan		X												
Za'atar Pita Chips*	Gluten (Wheat), Sesame	Vegan		X										X		
Spiced Maple Walnuts*	Nuts	Gluten Ingredient Free - Vegan										X				
Dried Cranberries*		Gluten Ingredient Free - Vegan														
<p><i>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS.</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

PLEASE SEE THE BUILD YOUR OWN SECTION FOR ALLERGENS OF INDIVIDUAL INGREDIENTS

ATIS ALLERGEN GUIDE BY MENU ITEM –CHRISTMAS 2024

BUILD YOUR OWN - COLD PREMIUMS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Avocado		Gluten Ingredient Free - Vegan														
Crumbled Feta	Milk	Gluten Ingredient Free - Vegetarian							X							
Parmesan	Eggs, Milk	Gluten Ingredient Free				X			X							
Sustain Yo'self Avo Smash	Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegan													X	X
Soft Boiled Egg	Eggs	Dairy Free - Vegetarian				X										
BUILD YOUR OWN - DELI SALADS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Chilli + Feta Broccoli	Milk, Alliums	Gluten Ingredient Free - Vegetarian							X							
<i>Sesame Ponzu Greens*</i>	Gluten (Wheat), Sesame Seeds, Soybean	Dairy Free - Vegan		X										X	X	
<i>Sumac Chopped Salad*</i>	<u>Mustard</u> , Sulphites, Alliums	Gluten Ingredient Free - Vegan									X					X
BUILD YOUR OWN - HOT PREMIUMS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Blackened Chicken	Sulphites	Dairy Free - Gluten Ingredient Free														X
<i>Herb Grilled Chicken*</i>	Milk, Sesame Seeds, Alliums	Gluten Ingredient Free							X					X		
<i>Spiced Sweet Potato Wedges*</i>		Gluten Ingredient Free - Vegan														
<i>Sticky Miso Aubergine*</i>	Sesame Seeds, Soybean, Alliums	Gluten Ingredient Free - Vegan												X	X	
<i>Lime Leaf Salmon*</i>	Fish, Sesame Seeds, Soybean, Alliums	Gluten Ingredient Free - Dairy Free					X							X	X	
<i>Black Pepper Tofu*</i>	Soybean, Alliums	Gluten Ingredient Free - Vegan													X	
Charred Bavette Steak	Gluten (Wheat), Fish, <u>Mustard</u> , Soybean, Sulphites, Alliums	Dairy Free		X			X				X				X	X

**ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS.*

A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM

PLEASE SEE THE BUILD YOUR OWN SECTION FOR ALLERGENS OF INDIVIDUAL INGREDIENTS

ATIS ALLERGEN GUIDE BY MENU ITEM –CHRISTMAS 2024

SIDE POTS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
Chicken Pot (Blackened Chicken Only)	Sulphites	Dairy Free - Gluten Ingredient Free														X
Chicken Pot (Herb Grilled Chicken Only)	Milk, Sesame Seeds, Alliums	Gluten Ingredient Free							X					X		
Buffalo Chicken Pot	Eggs, Fish, Milk, Sulphites, Alliums	Gluten Ingredient Free				X	X		X						X	X
Green Booster	Mustard, Sesame Seeds, Soybean, Sulphites, Alliums	Gluten Ingredient Free - Vegan									X			X	X	X
Spiced Sweet Potato Wedges Pot*	Mustard, Eggs, Alliums	Gluten Ingredient Free - Vegetarian				X					X					
Fattoush*	Gluten (Wheat), Mustard, Sesame Seeds, Soybeans, Sulphites, Alliums	Vegan		X							X			X	X	X
Parmesan Roast Potatoes*	Eggs, Milk, Mustard, Rennet	Gluten Ingredient Free				X			X		X					
SWEET TREATS	ALLERGENS & OTHER	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYBEAN	SULPHITES
ASCC Chocolate Chip Cookie	Soybean	Gluten Ingredient Free - Vegan													X	
ASCC Double Chocolate Cookie	Soybean	Gluten Ingredient Free - Vegan													X	
ASCC Peanut Butter Cookie	Nuts, Soybean	Gluten Ingredient Free - Vegan										X			X	
ASCC Chocolate Brownie	Eggs, Milk, Nuts, Soybean	Gluten Ingredient Free - Vegetarian				X			X			X			X	
Mr Prempy's Hazelnut Chocolate Dessert Pot	Nuts	Gluten Ingredient Free - Vegan										X				
<p><i>*ITEMS THAT ARE ITALICISED AND STARRED ARE SEASONAL ITEMS AND ARE SUBJECT TO SEASONALITY. **DOUBLE STAR SIGNIFIES A CHANGE IN RECIPE. PLEASE NOTE THAT ANY ITEM CONTAINING MUSTARD MAY CONTAIN TRACES OF NUTS.</i></p> <p><i>A NOTE ON ALLERGIES: WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM A TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. IF YOU HAVE A SEVERE ALLERGY, WE WOULD RECOMMEND DUE TO THE NATURE OF OUR OPERATION THAT YOU DO NOT EAT HERE. ANY FURTHER QUESTIONS, PLEASE GET IN CONTACT WITH CUSTOMERSUPPORT@ATISFOOD.COM</i></p>																

PLEASE SEE THE BUILD YOUR OWN SECTION FOR ALLERGENS OF INDIVIDUAL INGREDIENTS

**POWERING
URBAN
COMMUNITIES
WITH REAL
FOOD**



atis

**@ATISFOODLDN
#POWEREDBYATIS**

OLD STREET - ECCLESTON YARDS - NOTTING HILL - CANARY WHARF - BOROUGH YARDS