

ALLERGENS

AUTUMN MENU 2022



OLD STREET - ECCLESTON YARDS - NOTTING HILL - CANARY WHARF

@ATISFOODLDN
#POWEREDBYATIS

atis

CELERY

AUTUMN 2022

BOWLS + POWER POTS

NA

BYO INGREDIENTS

NA



GLUTEN

AUTUMN 2022

BOWLS+ POWER POTS

SEIZ'A CAESAR

AZTECA

SHROOMI 2.0

THE NOURISHER

SEIZ'A CAESAR + BLACKENED CHICKEN

THE KICKSTARTER + G'S GARLIC ROAST CHICKEN

THE KICKSTARTER

FETAMORPHOSIS

G'S BREADCRUMB GARLIC CHICKEN

BYO INGREDIENTS

HOUSE GRAINS

POLÂINE SOURDOUGH CRUMBS

TORTILLA SHARDS

SOURDOUGH BREAD

MILK

AUTUMN 2022

BOWLS + POWER POTS

SEIZ'A CAESAR

AZTECA

SEIZ'A CASEAR + BLACKENED CHICKEN

THE NOURISHER

FETAMORPHOSIS

BYO INGREDIENTS

TAHINI CHICKPEAS

FETA

PARMESAN

CLASSIC CAESAR DRESSING

TAHINI YOGHURT DRESSING

FISH

AUTUMN 2022

BOWLS + POWER POTS

SEIZ'A CAESAR

SEIZ'A CAESAR + BLACKENED CHICKEN

BYO INGREDIENTS

CLASSIC CAESAR DRESSING

BUFFALO CHICKEN POT

SALMON

MUSTARD

AUTUMN 2022

BOWLS + POWER POTS

KEEP IT LEAN

SHROOMI 2.0

THE NOURISHER

THE KICKSTARTER

KEEP IT LEAN + LIME LEAF TEMPEH

FETAMORPHOSIS

SWEET SPUDS N'SPROUTS

G'S BREADCRUMB GARLIC CHICKEN

THE KICKSTARTER + G'S GARLIC ROAST CHICKEN

BYO INGREDIENTS

HOUSE GRAINS

TAHINI CHICKPEAS

GRILLED PORTOBELLO + CHESTNUT MUSHROOMS

THE MOTHER OF ALL DRESSINGS / WILLY'S ACV

TAHINI YOGHURT DRESSING

CHIPOTLE MAYO

CRUSTACEANS

AUTUMN 2022

BOWLS + POWER POTS

NA

BYO INGREDIENTS

NA



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LUPIN

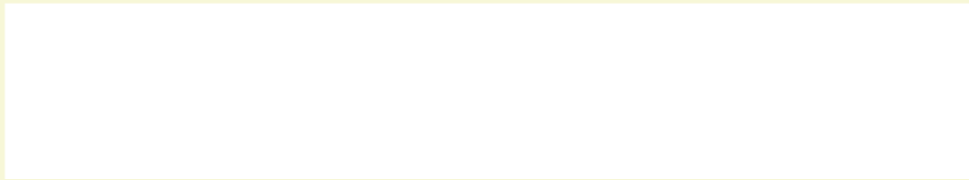
AUTUMN 2022

BOWLS + POWER POTS

NA

BYO INGREDIENTS

NA



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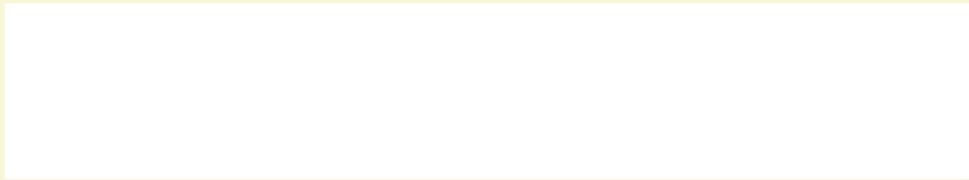
AUTUMN 2022

BOWLS + POWER POTS

NA

BYO INGREDIENTS

NA



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NUTS

AUTUMN 2022

BOWLS + POWER POTS

THE NOURISHER

THE KICKSTARTER

THE NOURISHER

SOME LIKE IT SCORCHED

SWEET SPUDS N'SPROUTS

TEMPEH-TATION

THE KICKSTARTER + G'S GARLIC ROAST CHICKEN

BYO INGREDIENTS

ROASTED CASHEW + GINGER DRESSING

SMOKY ALMONDS

SALTED CARAMELISED WALNUTS

PEANUTS

AUTUMN 2022

BOWLS + POWER POTS

NA

BYO INGREDIENTS

NA



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SESAME

AUTUMN 2022

BOWLS + POWER POTS

KEEP IT LEAN
MISO HUNGRY
THE NOURISHER
KEEP IT LEAN + LIME LEAF TEMPEH
SOME LIKE IT SCORCHED
TEMPEH-TATION

BYO INGREDIENTS

TAHINI CHICKPEAS
RED PIQUILLO PEPPER HUMMUS
LIME LEAF TEMPEH
MISO RED CABBAGE
MISO LIME GINGER DRESSING
ROASTED CASHEW + GINGER DRESSING
TAHINI YOGHURT DRESSING
TAMARI SEEDS

SOYBEAN

AUTUMN 2022

BOWLS + POWER POTS

AZTECA

KEEP IT LEAN

SHROOMI 2.0

MISO HUNGRY

KEEP IT LEAN + LIME LEAF TEMPEH

TEMPEH-TATION

SOME LIKE IT SCORCHED

FETAMORPHOSIS

BYO INGREDIENTS

EDAMAME + PEA MEDLEY

SUSTAIN YO'SELF AVO SMASH

LIME LEAF TEMPEH

MISO RED CABBAGE

MISO LIME GINGER DRESSING

ROASTED CASHEW + GINGER DRESSING

TAMARI SEEDS

BUFFALO DRESSING

SULPHITES

AUTUMN 2022

BOWLS + POWER POTS

SEIZ'A CAESAR + BLACKENED CHICKEN
THE KICKSTARTER + G'S GARLIC ROAST
CHICKEN
THE KICKSTARTER
KEEP IT LEAN + LIME LEAF TEMPEH
AZTECA
SHROOMI 2.0
THE NOURISHER
BUFFALO CHICKEN POT
FETAMORPHOSIS
SWEET SPUDS N'SPROUTS
G'S GARLIC BREADCUMB CHICKEN

BYO INGREDIENTS

PICKLED RED ONION
BLACKENED CHICKEN THIGH
GRILLED PORTOBELLO + CHESTNUT MUSHROOMS
ROSEMARY SQUASH + SWEET POTATO
BALSAMIC VINAIGRETTE
BALSAMIC VINEGAR
LIME CORIANDER DRESSING
BUFFALO SAUCE
SRIRACHA
THE MOTHER OF ALL DRESSINGS / WILLY'S ACV
RED PIQUILLO PEPPER HUMMUS

EGG

AUTUMN 2022

BOWLS + POWER POTS

SEIZ'A CAESAR

THE NOURISHER

SEIZ'A CAESAR + BLACKENED CHICKEN

ROSEMARY SALT SEASONAL WEDGES

BYO INGREDIENTS

TAHINI CHICKPEAS

SOFT BOILED EGG

CLASSIC CAESAR DRESSING

TAHINI YOGHURT DRESSING

CHIPOTLE MAYO