

ATIS ALLERGEN GUIDE – MARCH 2021

	NAME	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SEASAME SEEDS	SOYBEAN	SULPHITES	
SEASONAL BOWLS	<i>atis x Club Cultured</i>	Dairy Free - Vegan - Vegetarian		X								X		X	X	X	
	<i>Smokey Butterbean Stew</i>	Vegetarian	X	X		X			X					X		X	
	<i>Squash Stew</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian	X														X
	<i>The Winter Bowl</i>	Gluten Ingredient Free - Vegan - Vegetarian		X							X	X				X	X
SALADS	<i>Seiz a Caesar</i>			X		X	X		X								
	<i>Azteca</i>	Vegetarian		X					X								X
	<i>Keep It Lean</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian													X	X	X
WARM BOWLS	<i>Shroomi</i>	Gluten Ingredient Free - Vegetarian				X			X		X			X			X
	<i>Miso Hungry</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian												X	X		
	<i>Mezze Me Crazy</i>	Gluten Ingredient Free - Vegetarian				X			X		X	X		X			X
INGREDIENTS	<i>Black Beans</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Charred Corn</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Cherry Tomatoes</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Edamame</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian													X		
	<i>Pickled Ginger</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Pickled Red Onion</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															X
	<i>Lemon Roasted Broccoli</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Shaved Beetroot</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Shredded Carrot</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Turmeric Roasted Cauliflower</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Coriander</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Broccoli + Chestnuts</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian											X			X	
	<i>Seasonal Slaw</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Roasted Chard</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
<i>Smacked Cucumber</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian													X			
TOPPINGS	<i>Soft Boiled Egg</i>	Dairy Free - Gluten Ingredient Free - Vegetarian				X											
	<i>Feta / Parmesan</i>	Gluten Ingredient Free - Vegetarian							X								
	<i>Housemade Hummus</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian												X			
	<i>Avocado Halves</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Umami Aubergine</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian													X		
	<i>Grilled Shrooms</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian															
	<i>Umami Salmon</i>	Dairy Free - Gluten Ingredient Free														X	
	<i>Gochujang Tempeh</i>	Dairy Free - Vegan - Vegetarian		X											X	X	
	<i>Rotisserie Chicken</i>	Dairy Free - Gluten Ingredient Free	X														
<i>Blackened Chicken</i>	Dairy Free - Gluten Ingredient Free																X

WE OPERATE IN AN OPEN KITCHEN THEREFORE INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR TEAM MEMBER IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY. SEASONAL ITEMS SUBJECT TO AVAILABILITY

	NAME	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUST-ACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SEASAME SEEDS	SOYBEAN	SULPHITES
DRESSINGS	Balsamic Vinaigrette	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian									X					X
	Balsamic Vinegar	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian														X
	Classic Caesar	Gluten Ingredient Free				X	X		X							
	Lime Coriander	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian														X
	Miso Lime Ginger	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian												X	X	
	Olive Oil	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian														
	Roasted Cashew	Dairy Free - Vegan - Vegetarian		X									X	X	X	
	Tahini	Gluten Ingredient Free - Vegetarian				X			X		X			X		
<i>Maple Apple Cider Vinaigrette</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian										X					X
CRUNCHES	Crispy Shallots	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian														
	Dukkah	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian										X		X		
	Sourdough Breadcrumbs	Dairy Free - Vegan - Vegetarian		X												
	Tamari Seeds	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian												X	X	
	Tortilla Shards	Dairy Free - Vegan - Vegetarian		X												
	<i>Dried Cranberries</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian														
	<i>Toasted Pecans</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian										X				
	<i>Toasted Coconut</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian														
ADD ONS	Buffalo	Gluten Ingredient Free - Vegetarian							X						X	X
	Sriracha	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian														X
	Sourdough	Dairy Free - Vegan - Vegetarian		X												
SIDE POTS	Buffalo Chicken	Gluten Ingredient Free	X			X	X		X						X	X
	<i>Seasonal Slaw</i>	Dairy Free - Gluten Ingredient Free - Vegan - Vegetarian														
SWEET TREATS	Vegan Banana Bread	Dairy Free - Vegan - Vegetarian		X											X	
	Vegan Brownie	Dairy Free - Vegan - Vegetarian		X											X	
	Vegan Cookie	Dairy Free - Vegan - Vegetarian		X											X	

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