

ATIS ALLERGEN INFORMATION SUMMER 2019/20

	NAME	TAGS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSC	MUSTARD	NUTS	PEANUTS	SEASAME SEEDS	SOYBEAN	SULPHITES
SEASONAL BOWLS	Seiz'a Caesar			X		X	X		X	X						
	atis x Summer	Gluten Ingredient Free - Vegetarian				X			X		X	X				X
	Mezze Me Crazy	Gluten Ingredient Free - Vegetarian							X		X	X		X		X
	The Summer Emperor	Gluten Ingredient Free - Vegetarian				X								X	X	X
SALADS	Keep It Lean	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan												X	X	
	Habibi Tahini	Gluten Ingredient Free - Vegetarian							X		X	X		X		
	Spicy Raw Thai	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan										X	X		X	
	Azteca	Vegetarian		X					X							
WARM BOWLS	Shroomi	Gluten Ingredient Free - Vegetarian							X		X			X		X
	Miso Hungry	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan												X	X	
	Chickpea'd	Gluten Ingredient Free - Vegetarian							X						X	X
TOPPINGS	Soft Boiled Egg	Gluten Ingredient Free - Dairy Free - Vegetarian				X										
	Cheddar / Feta / Parmesan Shavings	Gluten Ingredient Free - Vegetarian							X							
	Houmous	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan												X		
	Smashed Avocado	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan														
	Baked Falafel	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan														
	Za'atar Roasted Squash	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan												X		
	Chalkstream Trout	Gluten Ingredient Free - Dairy Free														
	Mushroom Ragu	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan														
	Blackened Chicken	Gluten Ingredient Free - Dairy Free														
Miso Sesame Tofu	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan													X	X	
DRESSINGS	Caesar	Gluten Ingredient Free				X	X		X		X					
	Romesco	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan										X				X
	Balsamic Vinaigrette	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan									X					X
	Spicy Cashew	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan										X		X	X	
	Miso Lime Ginger	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan												X	X	
	Cucumber Mint Yoghurt	Gluten Ingredient Free - Vegetarian							X							
	Tahini Yoghurt	Gluten Ingredient Free - Vegetarian							X		X			X		
	Coriander Lime	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan														
Pesto	Gluten Ingredient Free - Vegetarian							X			X					
CRUNCHES	Tamari Seeds	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan												X	X	
	Dukkah	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan										X		X		
	Roasted Peanuts	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan											X			
	Crispy Shallot	Dairy Free - Vegetarian - Vegan														
	Puffed Rice	Gluten Ingredient Free - Dairy Free - Vegetarian - Vegan														
	Tortilla Shards	Dairy Free - Vegetarian - Vegan		X					X							
	Parmesan Sourdough Crumbs	Vegetarian		X												
NAME	Banana Bread	Vegetarian		X		X			X			X				
	the atis Brownie	Vegetarian		X		X			X							

INDIVIDUAL FOODS MAY COME IN CONTACT WITH ONE ANOTHER DURING PREPARATION WHICH IS NOT REFLECTED ON THIS CHART. ALTHOUGH EFFORTS ARE MADE TO AVOID CROSS-CONTACT OF ALLERGENS, ATIS DOES NOT GUARANTEE THAT CROSS-CONTACT WITH ALLERGENS WILL NOT OCCUR. BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR TEAM MEMBER OR MAKE A NOTE IF YOU OR ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.